

Time	1. day	2. day	3. day	4. day	5. day	6. day	7. day	8. day	9. day	10. day		
06:00 – 07:00	<b>Day of Arrival //</b> <b>Arrival at the Airport</b> <b>//</b> <b>Pickup by VIP Shuttle</b> <b>//</b> <b>Welcome at the first</b> <b>dinner together</b>	–								<b>Day of</b> <b>leave //</b> <b>Say</b> <b>Goodbye</b>		
07:00 – 08:00		–										
08:00 – 09:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		Breakfast	
09:00 – 10:00		–										
10:00 – 11:00		Muay Thai Morning Sessions	Muay Thai Morning Sessions	Muay Thai Morning Sessions	Snorkeling to Ko Tao	Muay Thai Morning Sessions	Muay Thai Morning Sessions	Isle Hopping: Mangroove, Kayaking, Sunset View	Muay Thai Morning Sessions			
11:00 – 12:00		–										
12:00 – 13:00		–										
13:00 – 14:00		Lunch	Lunch	Lunch	Lunch		Lunch	Lunch	Lunch			
14:00 – 15:00		–										
15:00 – 16:00		Muay Thai Evening Sessions	Muay Thai Evening Sessions	Muay Thai Evening Sessions	Muay Thai Evening Sessions	Muay Thai Evening Sessions	Muay Thai Evening Sessions	–	Muay Thai Evening Sessions			
16:00 – 17:00	–											
17:00 – 18:00	–											
18:00 – 19:00	Networking Dinner	Networking Dinner	BBQ Dinner at the beach at sunset	Networking Dinner	Networking Dinner	BBQ Dinner at the beach at sunset	Philosophy Session with Ali Proskurakov	Networking Dinner				
19:00 – 20:00	–											
20:00 – 21:00	Massages or Sauna	Massages or Sauna	History of Art Session with Ali Proskurakov	Massages or Sauna	Massages or Sauna	Massages or Sauna		Massages or Sauna				
21:00 – 22:00	–											